



## How to create a healthy home workspace

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## What's included in your wellbeing platform?

- Your profile:
- Challenge to-dos: [My To-Do List](#)
- Featured challenges: [View Details](#)
- Sync devices sidebar: [Connected Devices](#)

### Profile and activity sidebar

- Profile tab: [Public Profile](#)
- Activity tab:

### Top navigation

- Tracker:
- Resources:
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